



# Cascade WorkSolutions

July 2009

A quarterly newsletter to update you on the solutions you need to reduce exposure.

## ergoSolutions

Reduce risk with our ergonomic services. Solutions available for companies of any size.



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[www.ergoassessment.com](http://www.ergoassessment.com)

## rtwSolutions

Alternative return-to-work solutions, including Temporary Transitional Employment and Early Intervention services, can help reduce your costs.



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[www.transitionalemployment.com](http://www.transitionalemployment.com)



**CASCADE**

**DISABILITY MANAGEMENT, INC.**

*Delivering return to work solutions for three decades.*

## Keeping Telecommuters Safe: Long and Short-Term Cost Savings.

It is well known that a sound office-based ergonomic program, with corporate support, will reduce exposure and increase productivity. But what about today's trend toward telecommuting? Does the money saved and the increase in work/life balance by working at home instead of on corporate real estate come at the expense of increased ergonomic risk factors and a lack of in-home safety?

The demand for at-home ergonomic assessments is on the rise. Over 35% of the workstations we have assessed in the U.S. this year have been at-home ergonomic workstation assessments. Since these requests are not related to reported discomfort, there is less time spent on site and our service ensures employees are set up properly as soon as they start working from home. Identifying risk and safety hazards and photographing the workstation gives employers the comfort of knowing their employees are working safely and effectively. Cascade has worked with major corporations across the country in its pursuit to keep people safe.

If you are concerned about the health and safety of your at-home employees, please contact Steve Dadio at 1-866-493-ERGO. Email: [Steve.dadio@cascadedisability.com](mailto:Steve.dadio@cascadedisability.com)



## Temporary Transitional Employment: An Innovative Program to Reduce Lost Workdays

Case studies indicate that Cascade's innovative Temporary Transitional Employment (TTE) program is a proven strategy to reduce lost workdays. In one case study a worker sustained a knee injury and lived in a rural area where finding a suitable non-profit site could be challenging. Cascade identified a suitable site approximately 19 miles from the injured worker's home after an intensive two-day search. Cascade immediately notified the employer and carrier and facilitated the initial contact with the injured worker to offer the identified light duty position. Cascade monitored the worker's participation, progress, and hours on a weekly basis and communicated this to the carrier. TTE was a new venture for the employer and Cascade assisted the employer with the process. The worker was given a full duty return to work release approximately 3 weeks after starting the TTE program after the initial injury date. The TTE site was grateful to the employer for volunteering their employee. The employer was thankful for the coaching and assistance Cascade provided.

To learn more about how Cascade's Temporary Transitional Employment program can help reduce lost time, please contact Tim Mitchell at 309-829-6336. Email: [Timothy.mitchell@cascadedisability.com](mailto:Timothy.mitchell@cascadedisability.com)